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ACCORDING TO THE RULES

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As you know, being physical humans, we are beset with rules/laws (R/L) whatever way we turn. If we don't adhere to them, we eventually pay the price. Sometimes, it may be worth it. Also, we can create our own R/L if it suits our needs, to apply only to ourselves.

First and foremost, there are the R/L of the Earth Life System, and beyond that are absolutes. They are basic and immutable. It is worse than irrational to ignore them.

Quick review:

CHANGE—This is constant and everpresent, the source of fears, worries, anxieties, and wars, which are attempts to prevent it or speed it up.

CAUSE AND EFFECT—Subtitled Action/Reaction and Authority/Responsibility. Sometimes we don't perceive the result because it is not present until months or years later, even after we depart for other energy systems. Most religious belief systems are based upon the latter.

EXPERIENCE, THE GREATEST TEACHER—Firsthand is the best, actually the only, way one can truly know instead of simply believing. This is closely followed by direct observation, then by training and education.

SURVIVAL—A basic where we are now. Survival of self so that we can reproduce and maintain the species. It is a part of Earth drives in all flora and fauna through remarkably innovative ways. Scientifically, we construe it as no more than that, but there are many who know better. In humans and certainly some other species, it is much more.

YOU ARE THE TOP OF YOU—The Ultimate Boss, Honcho, Jefe, President, C.E.O. No one is more qualified to make final decisions regarding you because you know you best. Therefore it is irrational for you to blame another for what you do.

The reason for these reminders at this point is that in all our efforts through the years, we have sought to provide tools to help you grow and mature under these R/L. We have not attempted to bring solutions to human-created R/L because there are so many, they are different in each locality, and their interpretation changes constantly.

All of this is a means to introduce to you a new kind of freedom if you are a *GATEWAY* Graduate. It's a special new program, and we've given it the title *HIGH ADVENTURE*. It will be held only at the Institute Center in Virginia. What is so special and new about it? You, as a

participant, will choose the exercises you want to take. You will make the decision as to what Hemi-Sync learning exercises you individually need or desire. You can set up your own schedule and change it daily if you wish. Self-empowerment! YOU make the decision because YOU know best for you.

First of all, you can select from the initial *GATEWAY* program. You can repeat the tape exercises that were most effective for you, or use again those to which you feel you needed additional exposure to make them more effective. You may want a different one at night from that scheduled in the regular *GATEWAY*. It's up to you.

Next, you can use as many of the *H-PLUS*[®] Function learning exercises as you like. There are over fifty to pick from. Or you can use some of the *LIFE SPAN2000* tapes, which offer from three to six related Function learnings in one exercise.

Then, you can sample tape exercises from the *GUIDELINES* program, which are designed to help you know and understand your Total Self more completely. This will let you decide if you want and need to participate in that program to concentrate on such important inner learning.

After that, there are selections you can make from the *LIFELINE*[®] program exercises. With these, you can begin to explore the states of being just beyond physical life existence. These will let you understand what this program opens up for the participants therein. It is a profound, quantum step in self-knowledge.

In the same vein, there will be special exercises from the new *GOING HOME*[®] series, which is being used by those with physical life-threatening illness or injury and their family and loved ones. These can provide some remarkable insights and knowledge as to the reality of the There.

Finally, there is a cluster of individual learning exercises ranging from healthful nap-taking, *METAMUSIC*[®], and de-habitation to self-controlled, conscious dreaming. These range from old favorites to the newest of our new.

There you have it—a type of learning system never before offered by the Institute or anyone else to our knowledge. The BASIC: You learn or experience what you know you need, and what you may find truly fun and exciting. You make the decision.

HIGH ADVENTURE—with a new, very personal meaning.

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